

## **Moving Toward Musicality: Building Vocal Skills and Artistry through Physicality**

“The way to get started is to quit talking and begin doing.”  
*Walt Disney*

### **What creates an artistic and authentic performance?**

#### Musical Tools

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#### Physical Tools

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### **How does appropriate physical expression affect vocal quality, characterization and ultimately artistry?**

- Lifted, confident body posture promotes freely produced sound
- Natural, appropriate movement enhances our ability to communicate the intended message
- Physical presence impacts how the message is heard and perceived by the audience
- Appropriate movement assists energized performance
- Appropriate movement develops unity throughout the ensemble

### **Exercises for Building Positive, Artistic Physical Expression**

- Vocal “Doh”
- Build Personal Vocal Cues into your own physical expression
  - Continuance of Breath Energy
  - Taller, Resonant Sound
  - Word and Phrase Lifting
- Connect Body Stance to the Dynamic Plan

### **How do these 3 Simple Things build Artistry into your Performance?**

- Vocal “Doh” always brings the singer back to the best body alignment for optimum vocal production
- Each singer’s “personalized choreography”, once learned, becomes second nature and frees the performer to focus on the message while automatically using their best vocal skills and plan delivery
- The singer and chorus takes ownership of the message and the plan to become the drivers of the song and the message
- The dynamic and lyrical plan is now programmed into the singer’s BODY so it happens consistently and with greater ease/authenticity
- The combination and congruency of the vocal and physical delivery multiplies the impact and believability of the performance for all audiences